



This website has been designed by young people to help other young people at different stages of transition within their school life.



[www.movingforward.me](http://www.movingforward.me)

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This site is designed to help you at different stages in your school life. Use the different sections to find out what you need to know, and remember to come back regularly for the latest posts in the BLOG section.



**BLOGS:** find weekly blogs from young people who are in the same year that you are in, and read about their experiences. Or why not have a look at the next year, to give you an idea what to expect.



**SUBJECTS:** How do you pick the right subjects for GCSE and A Level, the decisions you make will be very important and can have an effect on what career you choose.



**SUPPORT:** support is available to young people? Whether it is counselling, careers or life skills, we will collect together some of the information available here.



**STUDY:** beyond your work in school, you will also have a study in your own time. We want to help you study, making the most of your time. Exams themselves can be stressful so we want to share ways of coping with you.



**SOCIAL MATTERS:** all work no play... You can't spend every moment of your life doing school work. It's important to have a social aspect to your life, be it through friends, sports or hobbies. We promote a healthy work-life balance.



**CAREERS & SKILLS:** we want to help you gain the skills you need for whatever career is ahead for you. We encourage you to be proactive in gaining new skills, and help your chances at successful employment.

