Never buy things without permission. Spending money online should only ever be done by a trusted adult.

It is important to take breaks to prevent repetitive strain injuries.

If something you see online makes you feel upset tell a trusted adult.

Not everything you see online is true. If you are unsure ask a trusted adult.

If someone asks you to meet them or talk to them on the phone you should say NO and tell a trusted adult.

Never say anything online you could be told off for at school.

Don’t share it. Don’t tell anyone your full name or where you live or go to school.

Let a trusted adult know if someone asks you for personal information.

Ask a trusted adult before opening attachments, bad ones could break your computer.

If you are unsure ask a trusted adult.

Let a trusted adult know.

It is important to take breaks to prevent repetitive strain injuries.

Pigs can fly!

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Play IT safe and have fun.