



Video 1

- COVID-19 is a new illness that can affect your lungs and airways. It's caused by a virus called coronavirus.
- Symptoms of coronavirus (COVID-19) are a cough, a high temperature and shortness of breath.
- Simple measures like washing your hands often with soap and water can help stop viruses like coronavirus (COVID-19) spreading.
- There's no specific treatment for coronavirus (COVID-19). Treatment aims to relieve the symptoms until you recover.
- It's not known exactly how coronavirus (COVID-19) spreads from person to person, but similar viruses are spread in cough droplets.
- It is most likely to happen where there is close contact – within 2 metres of an infected person.
- Some people can become infected by touching a surface or an object that has become contaminated and then touching their own mouth/ face/ eyes etc

Try to :

1. Social distance when in public or at your place of work (be at least 2 metres).
2. Wash your hands thoroughly.
3. If you do sneeze, CATCH IT - BIN IT- KILL IT.

All the latest advice on the corona virus can be found on the PHA website (or if you know of specific interpreted health info happy for you to link that in)

We understand this is a very stressful time and we want to ensure you that we aim to assist you the best we can, information changes rapidly but we hope to be able to update you as often as we are able to. If you need further information or support please email equality.unit@eani.org.uk