Nursery Rhymes

It can be great fun to say nursery rhymes, sing songs and make music with your child. You can do this when you are walking, shopping, driving or at home. This helps to develop your child’s language skills in many ways, including:

- Attention and Listening skills
- Turn Taking skills
- Awareness of sounds in words.

Songs and rhymes can also be helpful during everyday situations to;

- Calm or energise
- Distract when upset, e.g. ‘I hear thunder, I hear thunder. Hark don’t you?’
- Help through routines, e.g. ‘This is the way we wash our hands, wash our hands, wash our hands. This is the way we wash our hands, wash our hands, wash our hands. Early in the morning’.

Nursery Rhyme Activity

Nursery Rhymes can be short, repetitive and action packed. Read rhymes to your child, such old favourites like Humpty Dumpty or Jack and Jill. Remember to repeat the rhyme many times before you expect your child to join in with you.

When your child is familiar with the rhyme, you can say it, and stop just before a rhyming word, praising your child when they fill in the blank.

**Adult:** ‘Humpty Dumpty sat on a wall. Humpty Dumpty had a great …’

**Child:** ‘… fall’

**Adult:** ‘Well done, All the king’s horses …’

Remember that rhyming activities are a great way to pass the time on journeys.
Incy Wincy spider

Incy Wincy spider climbed the water spout. 
Down came the rain and washed poor Incy out. 
Out came the sun and dried up all the rain. 
So, Incy Wincy spider climbed up the spout again.

Two Little Dickie Birds

Two little dickie birds sitting on a wall. 
One named Peter, one named Paul. 
Fly away Peter! 
Fly away Paul! 
Come back Peter! 
Come back Paul!

Baa Baa Black Sheep

Baa, baa, black sheep, have you any wool? 
Yes, sir, yes, sir, three bags full; 
One for the master, and one for the dame, and one for the little boy who lives down the lane.

Twinkle, twinkle, little star

Twinkle, twinkle, little star, how I wonder what you are! 
Up above the world so high, like a diamond in the sky. 
Twinkle, twinkle, little star, how I wonder what you are!
Hey diddle diddle

Hey Diddle Diddle,
The cat and the fiddle,
The cow jumped over the moon.

The little dog laughed,
To see such sport,
And the dish ran away with the spoon.

Hickory dickory dock

Hickory, dickory, dock.
The mouse ran up the clock.
The clock struck one,
The mouse ran down,
Hickory, dickory, dock.

Little Miss Muffet

Little Miss Muffet
sat on a tuffet,
eating her curds and whey.
Along came a spider,
who sat down beside her,
and frightened Miss Muffet away.

Little Bo Peep

Little Bo-Peep has lost her sheep,
and doesn’t know where to find them.
Leave them alone,
and they’ll come home,
wagging their tails behind them.