

Useful Websites to target Social, Emotional and Behavioural Well-being

<http://www.incredibleyears.com/parents-teachers/articles-for-parents/>

<https://www.speechandlanguagekids.com/calming-children-self-calming-strategies/>

<https://learnenglishkids.britishcouncil.org/sites/kids/files/attachment/flashcards-feelings.pdf>

<https://raisingchildren.net.au/toddlers/behaviour/encouraging-good-behaviour/good-behaviour-tips>

<https://www.healthyfamiliesbc.ca/home/articles/promoting-positive-behaviour-your-toddler>

<https://www.nfa.co.uk/story/blog-news/9-behavioural-management-strategies-you-can-use-at-home/>

<https://www.education-ni.gov.uk/sites/default/files/publications/de/sen-early-years-supplement.pdf>

<https://docplayer.net/24707542-Early-years-learner-support-handbook.html>

<https://www.challengingbehaviour.org.uk/>

<https://www.sebda.org/>

<https://www.abaresources.com/>

Useful Apps to target Social, Emotional and Behavioural Well-being

Name of App	Description	Cost
ClassDojo	Helps teachers improve behaviour in classrooms quickly and easily. Captures and generates data on behaviour that teachers can share with parents Gives positive behaviour feedback to children	Free
Good Manners	Teaches about good questions. Shows scenarios and asks questions re manners and you decide if it describes good or bad manners	Free (need to upgrade for more options)
Super Nanny Board Behaviour	Motivate children to behave positively	Free
ChoreMonster	Makes chores fun by engaging and rewarding children	Free
ChorePad HD Lite	Motivate children to complete chores/tasks/activities	Free

Also the following link provides a selection of apps that can be used. At the side your child's age group and cost of app can be filtered to add selection:

<https://www.goodplayguide.com/good-app-guide/apps-by-skill-developed/personal-social-emotional-development/>