

COUNTDOWN CARDS

The Countdown card can be used to set the amount of time a child may have to complete an activity or task.

These are more flexible than timers as the adult in charge can have more control over the time available.

The image showing at the end can be changed to suit the situation e.g. tidy up, all done, stop, finished etc.

If you do not have access to a countdown strip or printer, then using your own hand to countdown and using your fingers for your child to see may be a simple 'handy' alternative.

