

Auditory Memory Activities

Memory recall

Tell your child that you are going to say a list of either words or numbers and they have to listen and see if they can remember them and say them back to you!

Start with 2 items and gradually increase to perhaps 4 words or numbers.

e.g.	four	two	seven	
	blue	orange	black	
	cat	dog	mouse	
	ball	doll	bat	
	apple	orange	banana	
	sock	hat	shoe	scarf
	five	one	four	eight



Remember my sentence

Tell your child that you are going to read a short sentence of, and they are going to say it back to you!



Start with 4-word sentences and gradually increase the length of the sentence up to about 8 words.

Here are some examples of sentences you could use:

- The boy is happy.
- The girl woke up.
- He is very hungry.
- Dad washed our new car.
- I like to draw pictures.
- Mum likes to bake cakes.
- The book was on the floor.
- Their garden was full of flowers.
- I bought the ball at the shop.
- My bike was in the red shed.
- She put on her coat when it rained.
- We had lots of fun at the party.

Treasure hunt

Hide one of your child's toys somewhere in the room.

Give your child step by step instructions to help them find the toy, e.g.

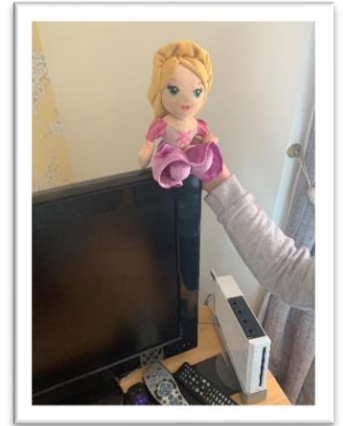
'Walk to the television'

'Open the door of the cupboard'

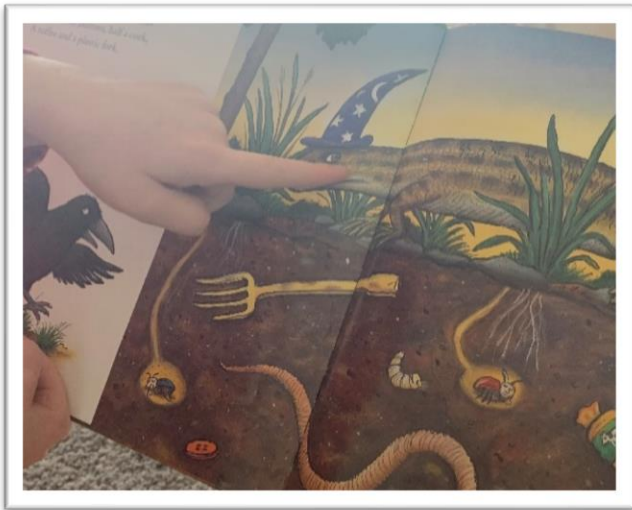
'Look under the book/DVDs', there's the toy!

You can make this activity more challenging by giving your child all the instructions at once.

Items needed: toy



Story time



As you read stories to your child, before you turn each page, ask your child specific questions about the page you have just read, e.g.

'What was the girl's name?'

'What did the girl do?'

'Who was she with?'

etc.

You can make this more challenging by asking more detailed questions.

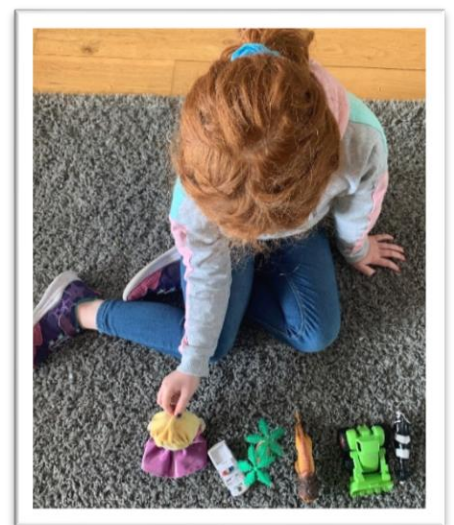
Items needed: Story book

Take one away

Arrange a variety of objects/toys (no more than 6) in front of your child. Then ask them to close their eyes while you take one object away. When they open their eyes, can they guess what object you took away?

You can vary this activity by taking away two objects or by swapping 2 objects and see if they can remember which 2 objects you swapped.

Items needed: range of objects



Shopping game



Collect 10-12 food items from the kitchen with your child. Put the items on a table in front of your child.

Call out a list of 2 or 3 items for them to buy in the 'shop' and see if they can recall and find them. Gradually increase the number of items to make this game more challenging for your child.

For a variation of this game you could use toys, toy animals, clothes, etc.

Items needed: 10 - 12 kitchen objects

Chinese whispers

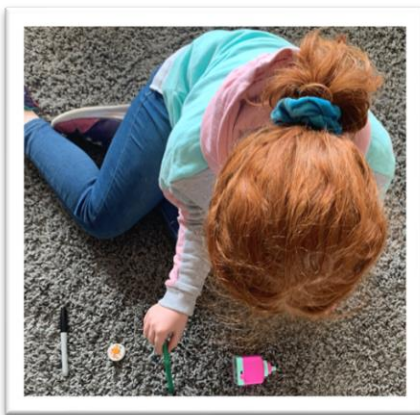
Whisper a short sentence to your child and get them to tell you what you have whispered to them.

Start off with short sentences and gradually increase the length of the sentence to make this more challenging.

Take it in turns to let your child whisper some sentences to you.



Look and remember



Place a small number of items in front of your child. e.g. a pen, button, rubber.

Ask your child to look carefully at the objects for a few minutes and try and remember them.

Then take all the items away and see if your child can remember what the 3 items were.

Once your child is confident with 3 items you can increase to 4 or 5 items.

Items needed: range of 6 objects

Copy Cat

Tell your child that you are going to do some simple actions for them to copy, e.g.

clap - jump - touch your shoulder

or

touch your mouth - touch the table - twirl around

Your child has to watch you very carefully first. When you say, 'Copy Cat!' they have to copy the actions in the same order as you did them!

Begin with 2 actions and gradually increase up to 4 or 5 actions for them to copy.



Lego towers



Ask your child to help you build some Lego towers using different coloured blocks. Your child has to listen very carefully while you call out the blocks they need to build each tower. Don't allow them to start building until you have given each instruction and said, 'Go!'

Start very simply, e.g.

a yellow, a red, a blue

a black, a white, a green

You can make this more challenging by adding more blocks, e.g.

2 reds, 3 greens, 1 black

1 red, 2 yellows, 3 greens

Items needed: Lego bricks

Zoo walk

Imagine you are at the zoo. Tell your child what you saw. Start off with 2 animals, e.g. 'I went to the zoo and I saw a monkey and a tiger.'

Then ask your child if they can remember the 2 animals you saw.

Gradually increase to as many animals as your child is able to recall.

To make this activity more fun, let your child take turns to say what animals they saw and ask you to remember them!

