



The slogan is “fun to play, not to eat”. However, Play-Doh can be used to feed your child’s language abilities and if you don’t have any, you can make your own. There are lots of recipes online.

Work on sequential language but making something with Play-Doh – a cat, cookie, pizza, etc.

Retell the steps in sequence. Encourage child to talk about first, next and last.

Try this simple activity to improve you child’s ability with following instructions.

Practice following a recipe. Make your own Play-Doh - there are many easy recipes online. Give your child directions, e.g. “*Pour the salt in the bowl*”, “*stir the dough with your spoon*”.

Make Play-Doh cookies - give specific decorating instructions, e.g. “*Roll some pink playdough into a ball and put on top of your cookie*”

Using some household items to work on prepositions. Get your child to put their Play-Doh creations; in, on, under, in front of, behind, etc. For example, “*Make a snake and put it under the cup*”.



Work on vocabulary by giving your child directions that contain a variety of verbs e.g. squeeze, roll, smash, cut, push, press, squash, etc.

For example, “Roll out your Play-Doh”, “Squeeze the playdough into balls”, “smash the playdough balls with your hand”, etc.

You could work on the concept of size with this simple activity.

Make 2 different sized playdough balls and then ask child “*Find the BIG ball*” or “*Find the LITTLE ball.*” Also practice LONG and SHORT by making 2 different snakes.

You could also make a TALL tower of Play-Doh.

You can use Play-Doh to encourage your child to expand language by requesting dough by colour, ask for implements, etc. e.g. “*I want blue dough*”, “*More dough please*”, “*Can I have the rolling pin?*”

It is often best for adult to model the language many times while playing alongside the child and taking turns and sharing the materials.

