

Promoting Positive Behaviour at Home

Here are some simple, practical suggestions that you can carry out on a daily basis at home to promote positive behaviour in your child.

Develop clear, fair and consistent boundaries to support your child to grow up confident, independent and responsible

Be a positive role model for your child – children learn from what they see us do. If we can express our feelings appropriately, they will learn how to do this too.

Praise helps children feel good about themselves, so they are more likely to behave. Praise helps children to remember what we'd like them to do.

Reward little and often, and remember that your time and attention are the best rewards of

Diverting and distracting your child can often avoid difficult situations without

Young children find routines safe and reassuring and are more likely to behave appropriately when there are predictable routines in the home.

