

AM



morning routine

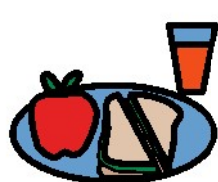
PM



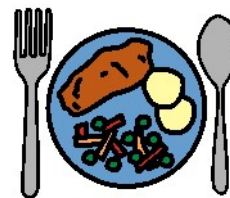
bedtime routine



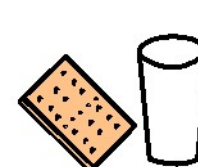
breakfast



lunch



dinner



snack



food



drink



food / drink



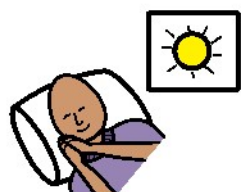
wash



shower



bath



nap



bedtime



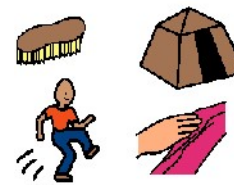
work time



special activity



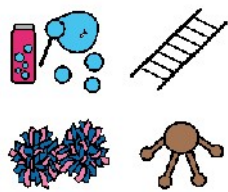
quiet time



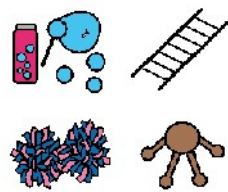
sensory break



sensory break



calm break



calm break



TV



visitor



nursery



inside play



inside play



outside play



outside play



tidy up



tidy up